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OCTOBER
2015

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- GREENE COUNTY FAIR
- NEA DISTRICT FAIR
- PAINT THE TOWN RED

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October 10
Phalycia Hyde & Nathan McClelland
October 17
Rachael George & Tyler Calver
October 18
Tiffany Kirkin & Dustin Henson
November 7
Jessica Hestand & Phillip Ward
November 14
Carrie Borah & Cory Biggs
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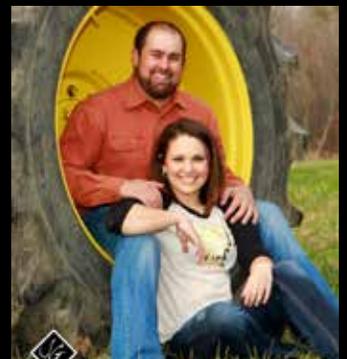
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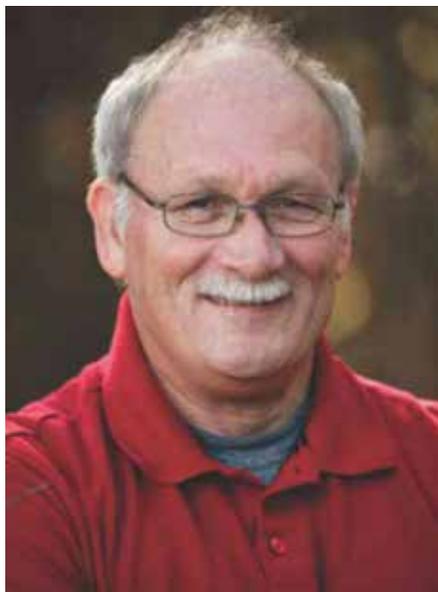
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From *The Managing Editor* ...



Richard Brummett, Managing Editor

A smile is happiness you'll find right under your nose. – Tom Wilson

As you read this month's Premiere, you will see plenty of people taking part in activities that made them smile, a sure

indicator that someone is having a good time. We were fortunate enough to get to cover a number of events where participants found their faces breaking out in big smiles, because they were just having a good old dose of fun.

We got started with a mud volleyball tournament that raised funds for a good cause, but created a bevy of giggles, too, as players often found themselves face-down in the muck.

Later, both the Greene County and Northeast Arkansas fairs provided ample opportunities to let it all hang out and scream, laugh and just enjoy the surroundings.

In addition to those fun raisers, we've got the celebration accompanying Arkansas State University's home football opener and the Paint The Town Red campaign, a charity fishing rodeo,

Here at MOR Media we deal with words in both the print medium and through the airwaves. One of the major differences in the two is that when you misspeak on the radio, you can immediately back up and say, "Wait a minute ... that's not what I meant to say" and then you can correct your mistake.

Unfortunately, when we made got his last name wrong. DJ Carter, one in print it's stuck there for above, is the son of David and Merita eternity. Last month we ran a Carter ... a fact I messed up. Our apologies to both DJ and his on our calendar page, and then parents.



the Miracle League field opener and much more.

On a more serious note, October is designated as Breast Cancer Awareness Month and the good folks at Arkansas Methodist Medical Center and the NEA Baptist Fowler Family Center for Cancer Care were more than willing to share much needed information with the reading public.

Those stories can be found beginning on page 22 of this month's issue. ♦



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PREMIERE MAGAZINE

publisher/advertising sales

Dina Mason • dina@mormediainc.com

managing editor

Richard Brummett •
editor@premiere-magazine.com

prepress

Brian Powell • brianpowell@centurylink.net

contributing writers

Cheryl Nichols •
nicholsdevelopment@gmail.com

Tara Piatt •
tara@mormediainc.com

Kayla Macomber •
kdmacomber@gmail.com

Caitlin LaFarlette •
caitlin_lafarlette@hotmail.com

graphic designers – advertising

Leisa Rae • leisa@mormediainc.com
Tara Piatt • tara@mormediainc.com

advertising sales team

Dina Mason • dina@mormediainc.com
Ashley Mason • ashley@mormediainc.com
Brian Osborn • brian@mormediainc.com
Mike Dickerson • mike@mormediainc.com

contributing photographers

Tim Rand Photography



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Taking a dive for charity

Players often disappeared in the muddy water while trying to make a play. Others sported T-shirt slogans and some found ways to protect their favorite shoes.

Teams slosh their way through Fall Mud Ball volleyball tournament

About 250 players sloshed their way around the Mootown Grill and Corn Maze in Brookland in August, “playing dirty” in a mud volleyball tournament to help raise money for St. Bernards’ Neo Natal Intensive Care Unit.

Seventeen teams sloshed their way through the Fall Mud Ball and to a lot of laughter, raising \$3,000 for the worthy cause while slipping, sliding and diving their way to a wet and muddy finish.

The First Place trophy went to the Thomas and Betts team, while the Ritter group took second and The Mud Bugs third.

This marked the second year for the tournament, staged by Critical Edge of Jonesboro. In 2014, Critical Edges’ first event drew just under 100 participants on 11 teams and raised \$2,500. There was also a mud pit for kids and other fun activities available.

All proceeds from the event will benefit St. Bernards Neonatal Intensive Care Unit. ♦





Laughter abounded as players tried to maneuver through the mud pits.



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Meet Shanna French, Visionary Volunteer

After working 15 years in the telecom industry, Shanna started Visionary Analytics, a consulting firm specializing in sales and customer service enhancement. Along the way, Shanna has built a reputation as a committed volunteer who is passionate about helping people, especially children.

Shanna works diligently behind the scenes to raise money, awareness and opportunities that make a difference in our community.

Cheryl Nichols: Shanna, I've known you for many years and I continue to be amazed at how much volunteer time you devote to our community. What is the story behind your volunteer spirit?

Shanna French: I was raised to volunteer. My grandmother, Irene Helms, is a great role model and she says, "If you can put two feet on the ground in the morning, you can get up and do something." She set the standard for me to work hard. I was raised to believe volunteering is something we are supposed to do for our community.



Shanna French

Our Community

By Cheryl Nichols



CN: What projects are you involved with right now?

SF: Hope Week. Hope Week is September 26th through October 3rd. It's our 10th anniversary and it's grown so much over the years that now we need eight days! Hope Week is an amazing

time when our community takes action to spread hope. Businesses, schools and other organizations find ways to engage the community – for example, several organizations came together to create the event "Touch a Truck" so that kids can explore fire engines, snow plows, tractors, ambulances, and much more. The proceeds go to Hope Circle and Miracle League.

CN: Shanna, here is my Barbara Walters

inspired question: What is your superhero name and what is your superpower?

SF: I was a huge fan of Linda Carter's Wonder

Woman TV show. I even had the Underoos! So, I would be Wonder Woman ... without the Underoos, of course. My superpower would be the ability to retract a statement. I sometimes wish I could take back something I said.

CN: What recommendations do you have for someone that would like to volunteer but does not know how to begin the process?

SF: Find your passion. A person's passion might be animals or women's health or children. Once you know what you are passionate about you must reach out and take action by making a call or talking to others that work or volunteer in your area of interest. Be sure to understand your need for gratification. Some volunteer work may have instant gratification and other work may have delayed gratification and may not produce results for many years.

CN: That is excellent advice. What is the number one need you see in our community?

SF: Education. That is a broad statement, but through my experience on the Workforce Committee for the Jonesboro Regional Chamber of Commerce, formal and information education can solve a lot of problems. Education comes from schools, of course, but parents, our business community, and out-of-school programs provide (or should provide) added educational opportunities that will enhance a child's life as they grow into a responsible working adult.

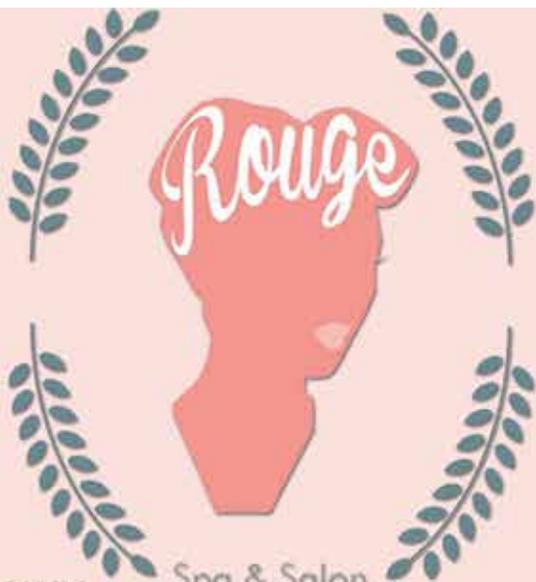
CN: Thank you for all you do for our community, Shanna. ♦

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18th Annual Women's Health Fair

Thursday, October 1

6:00 a.m. - 2:00 p.m.

Professional Office Bldg. Auditorium
This year's women's health fair will include blood glucose and cholesterol screenings, blood pressure checks, and weight and nutrition screenings. For more information, please call 239-7016.

Childbirth Preparation Class

Tuesday, October 6, 13, 20, and 27

6:00 p.m. - 8:00 p.m.

Professional Office Bldg. Auditorium
This four-week class is for anyone who is expecting. Register early to ensure availability for when you are 5-8 weeks from your due date. Please wear comfortable clothing and bring two pillows and a blanket to class with you. This class is free for those delivering at AMMC with a small charge for others. There is a \$10 fee for materials. For classroom location, more information or to register, call 239-7016.

Breastfeeding Class

Saturday, October 10

10:00 a.m. - 12:00 p.m.

Professional Office Building
This class discusses the importance of breastfeeding and offers tips for success. This class is free for those delivering at AMMC with a small charge for others. There is a \$10 fee for materials. For classroom location, more information or to register, please call 239-7016.

Infant Safely Class

Saturday, October 10

1:00 p.m. - 3:00 p.m.

Professional Office Building
This class is offered to expectant families and anyone caring for an infant. This class is free for those delivering at AMMC with a small charge for others. There is a \$10 fee for materials. For classroom location, more information or to register, call 239-7016.

American Red Cross Blood Drive

Thursday, October 15

11:00 a.m. - 5:30 p.m.

Professional Office Bldg. Auditorium
If you would like to donate life-saving blood, please call 1-800-RED-CROSS for details on requirements. You can also find more information at www.redcrossblood.org.

Mommy and Me Breastfeeding

Support Group Meeting

Monday, October 19

6:00 p.m. - 7:00 p.m.

Professional Office Building
Second Floor Conference Room
Greene County Health Unit's Leisa Kennedy, Breastfeeding Peer Counselor, teaches this class for new and expectant mothers. For more information, call the Greene County Health Unit at 236-7782.

F.A.S.T. 5K Run/Walk

Saturday, October 24 • 8:00 a.m.

Race begins and ends at AMMC
The AMMC Emergency Department and the AR SAVES Program will host a 5K to create awareness of the signs and symptoms of a stroke. Cost is \$20 if registered by October 14, \$25 the day of. For more information call 239-7166.

Healthy Pregnancy Class

Monday, October 26

6:00 p.m. - 8:00 p.m.

Professional Office Building
This is a one-time class for expectant mothers who are prior to 16 weeks into their pregnancy. Class is free for those delivering at AMMC with a small charge for others. There is a \$10 fee for materials. For classroom location, more information or to register, call 239-7016.

Stroke Support Group Meeting

Tuesday, October 27 • 6:00 p.m.

AMMC Rehab Gym, Fourth Floor
900 W. Kingshighway
This meeting is open to stroke survivors, their friends, families and/or caregivers.

PREMIERE'S SCENE 'YA

Photos by
Kayla Macomber



Left: Lashelle Drayton and Nichole Johns at Collegiate Park on the ASU campus; right, Noah, Nathan, Jenny Beth and Reese McCallum at the ASU game vs. Missouri.



Jeremiah Denton at Lake Frierson State Park.



Kelsey Moring, Taylor Hastings and Yalanda Merrel after their "Way of the Master" Bible study.



Brandi, Ashton, Gavin and Adam Rasdon at the ASU football game.

AMMC Foundation tournament raises \$42,000

The Foundation, the fundraising arm of Arkansas Methodist Medical Center, raised \$42,000 at its 21st Annual Golf Tournament held at the Paragould Country Club.

The Foundation supports the growing health-care needs of the people of Northeast Arkansas and Southeast Missouri.

"This tournament embodies what we always say: 'It's all about you.' The funds donated today by friends and neighbors of AMMC will go to work immediately, making a tangible and positive impact on the top-quality healthcare provided by our medical center. It's a shining example of the greater good that arises from community collaboration – companies, individuals and organizations joining in civic partnership to sustain and grow our hospital," Terry Austin, Director of The Foundation, said.

The AMMC Foundation works to raise funds to support and strengthen Arkansas Methodist Medical Center's efforts in the areas of financial development, the quality delivery of healthcare and greater public awareness through education and community relations. It is a mission of caring. The Foundation was formed in 1992, by a group of dedicated, community-minded individuals to provide a means of philanthropic support to meet the present and future needs of the medical center. ♦



Pictured from left are AMMC Foundation Director Terry Austin, AMMC Inpatient Rehab Director Jeff Deniston, AMMC Foundation Assistant Teresa Vangilder, AMMC Foundation Board Member Ann Marie Guinn and AMMC President/CEO Barry Davis.

Winning teams:

GANH

Ty Jones
Perry Jones
John Owens
Rich Black

Levine & Poor

Mike Poor
Rick Brown
Justin McArthur
Phil Alexander

Bill Fisher

Barry Davis
Pat Austin
Paul Hill

**A Flight
Winners:**

Medline

Andy Boots
Stan Carmack
Wade Taylor
Dwayne Frakes

Iberia Bank

Paul Hutcheson
Brad Snyder
Billy Keedy
Erin Baker

Prof. Credit

Mark Rowland
Bill Rowland
Bryan Reddick
Charlie Rhodes

**B Flight
Winners:
Ima's Fashions**

Frank Guinn
Don Melton
Sandy Melton
Bob Knotts

HORNE

John Calvert
Tom Marsh
Ron Freeman
Mike Hedge

Walmart

Terry Melton
Eddie Carner
Todd Stovall
Stephen Pace

RGB

Greg Brasher
Steve Latting
Johnny Stanford
Chad Stallcup

Unico Bank
Jonathan Mays
David Acuff
Mark Graham
Mike Graham

**Jones &
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Matt Noles
Chase Akins
Mark Barnett

**A Flight
Winners:**

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Hunter
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Mardy Holmes

**Mark Miller
Insurance**

Mark Miller
Kyle Harris
Jerry Noble
Gene Weeks
Dr. Asa Crow

**B Flight
Winners:**

**Sherland
Hamilton Team**

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Hamilton
Ardell Polk
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Dr. Darrell
Bonner

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Paragould hosts 128th Greene County Fair



People young and old were all smiles as the Greene County Fair got under way in Paragould during September. Whether riding rides on the midway, playing games of chance or just enjoying the opportunity to stroll through the fairgrounds and take in the food and exhibits, people seemed to express their approval with the entertainment provided.





Winning entries in several categories were on display, complete with ribbons indicating their order of finish.



Faces at the Fair



Unfurling Old Glory



As has become the custom, Boy Scouts from Paragould Troop 138 and adult volunteers helped raise the enormous American flag prior to the official opening of the Greene County Fair.

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GOD BLESS *our* TROOPS

Fairgrounds now home to new butterfly garden

The Greene County Master Gardeners' Connie Whitman posed an interesting question at the completion of one of the group's latest projects.

"What better way to build a butterfly garden than in the shape of a butterfly?" she asked, proudly pointing to the finished product residing at the Greene County Fairgrounds.

Whitman said the group was "looking for something to add more beauty, and also be educational, and the Fair Board gave us a lot of options."

After much planning and groundwork were out of the way, Whitman said it took "six weeks to two months to complete. We had to kill the grass, and lay out the shape."

"But it's been in my head a lot longer than that," she admitted, "... since about April."

Butterfly gardening is designed to create an environment that attracts butterflies, as well as certain moths. Butterfly gardening is often aimed at inviting those butterflies and moths to lay eggs as well.

Because some plants are not fed upon by adult butterflies, the caterpillar host should also be planted for a bigger population of butterflies. Butterflies typically feed on the nectar of flowers, and there are hundreds of such plants that



Master Gardeners and members of the Greene County Fair Board pose with the recently completed butterfly garden in Paragould. Below is the plaque in remembrance of Connie Whitman's son, Zach.

may be planted to attract them, depending on the location, time of year, and other factors. In addition to the planting of flowers that feed butterflies, other means of attracting them include constructing "butterfly houses," providing sand for puddling, water, and other resources or food items, including rotten fruit.

"The plants are butterfly favorites," Whitman said of the selection at the fairgrounds. "You have to have some for them to lay their eggs on, and some for them to feed on."

Whitman said the garden was dedicated to her son, Zach, who passed away recently, and the group placed a plaque there in his memory.

"All of us -- the Extension Agent, the Fair Board and all of us Master Gardeners ... we pulled it together," she said. "It took a lot of effort from all of us, but I think it turned out to be something beautiful."

The Paragould Public Works Department



donated the rocks that line the perimeter of the garden.

Depending on the zone in which one lives, some butterfly attracting plants include: purple cone flowers (*Echinacea purpurea*), yellow cone flowers, sunflowers, marigolds, poppies, cosmos, salvias, some lilies, asters, coreopsis, daisies, verbenas, milkweed (especially for the Monarch butterfly, whose caterpillars feed solely on this plant), the butterfly bush (also called buddleia), zinnias, pentas, and others. ♦

I won!!! A fun night at the NEA District Fair



Jonesboro plays host to annual event



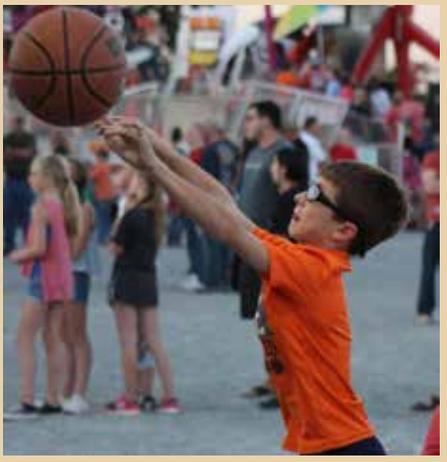
Thousands of people from the Northeast Arkansas and Southeast Missouri areas -- as well as visitors from surrounding states -- gathered at the 2015 NEA District Fair in Jonesboro in September. Guests were greeted by the

opportunity to view booths in the Exhibit Building and register for chances to win prizes, or they could pet and feed animals, ride the rides, play games of chance, listen to a variety of musical acts or just enjoy the annual event staged for their entertainment. ♦





Outside, guests found numerous ways to get their money's worth, sharing rides that elicited giant grins from almost all who participated. Others chose to try their luck at some of the many games lining the midway. Still more took time to visit the many booths set up in the Exhibit Building.



Best Liked Band -- New Days



MOR Media's Leisa Rae and Shawn Barnhill of Bayird Dodge, Chrysler, Jeep and Ram present a check for \$500 to New Days for winning the Best Liked Band contest.

Listeners to the MOR Media trio of radio stations voted for their favorite bands, with the winners earning the right to take the stage on opening night at the NEA District Fair in Jonesboro.

New Days captured the most votes and took home a check for \$500, presented by Bayird Dodge, Chrysler, Jeep and Ram.

The second place band was Synphormi (\$300), and third place went to Awaiting Ezkaton (\$200).

All three will earn some airtime via in-studio interviews with Leisa Rae on MOR Media's iRock 103.9, the sister station of NEA JACK FM 107.1 and Jill Radio at 99.3 on the FM dial. ♦



MOR Media's Brian Osborn tosses T-shirts to the crowd.





Photos by Richard Brummett

Finding the wildlife is the first obstacle in completing a successful hunt. Sometimes it takes a keen eye to bring the target into view.

Deer hunters, squirrel hunters can co-exist

It's finally October, the weather has gotten cooler and the time for getting into the woods has arrived, sending hunters out in search of their favorite type of game.

With deer and squirrel hunting seasons running hand-in-hand in our part of the country, many people assume the two would have a difficult time co-existing but veteran hunters know that to be untrue.

When sharing the woods, squirrel hunters quite often scare up a few elusive deer and send them sprinting on their way toward awaiting deer hunters who are perched aboveground in a tree stand.

In fact, many veteran outdoorsmen will tell you squirrel hunting is actually good practice for the deer season. Sneaking through the woods in search of bushytails helps hone the very skills needed to bag a buck: watching for the most subtle of movements, listening for faint sounds, waiting for just the right shot and being extremely patient.

So, the skill requirements for squirrel hunting and hunting for deer are amazingly similar. Someone who can consistently stalk his way to a limit of squirrels is the same type of hunter who can sneak through deer country and spot bucks and does before they see him.

While some deer hunters find the noises made



by squirrels rustling around in the leaves annoying or distracting, they should also know that barking squirrels often are telling them something or someone strange is walking through their neighborhood.

Squirrels will bark to alarm others in their area of something unwanted, so pay attention. When you are deer hunting and hear a squirrel barking, start looking; it might just be telling you that another hunter is coming your way, but it could

also be signalling that deer are very close.

If you think the squirrel is barking at you, try to mimic the sounds it is making. That will often convince it that you mean no harm, and it will stop squealing and go on about its business and allow you to hunt in relative silence.

The good news is: squirrels eat deer food. Chances are, if you can find the big oaks where the squirrels like to eat, deer are not far away. As the deer season opens and summer mast is dwindling, these oaks and acorns that gather squirrels become deer feeding zones.

That's why some people choose to hunt in tandem -- one bowhunting for deer and the other carrying a gun to look for squirrels.

Obviously the bowhunter picks the area he or she wants to hunt first since the deer are so much more difficult to find, then the squirrel hunter adjusts and slowly hunts in a direction toward the bowhunting partner, hopefully pushing the deer in their direction.

Squirrel hunters are sort of divided into two camps -- those who choose to locate a good spot of activity and sit and wait for squirrels to work on a tree; and those who like to listen for the sounds of squirrels cutting on hickory nuts or scurrying along on the ground and then quietly stalk them.

Either way, being in the woods makes for a pretty good day. ♦



The Fowler Family Center For Cancer Care, located on the NEA Baptist campus in Jonesboro, makes getting treatment much easier for area patients.

Fowler Center brings cancer treatment closer to home

Not only are technological advances entering the field of cancer treatment, philosophical differences are surfacing as well.

"We didn't used to focus on life after," said Dr. Kevin Collins of the NEA Baptist Clinic. "You get radiation, you get chemo, you talk about followup tests, that's it. Today, we think long term. This facility focuses on survivorship, the human side. People have stories to tell of five, ten years of survivorship."

Collins was referring to the Fowler Family Center For Cancer Care, a 34,000-square foot facility with state of the art radiation therapy, chemotherapy, clinical research and supportive services situated right here in Northeast Arkansas. The center houses research, diagnosis, treatment, medical oncology and support side-by-side.

Collins likened the changes in today's attitudes about treatment to "your first computer ... it was antiquated. Now your computer is a completely different tool. You can shop online, travel online, you don't even need a book to read anymore. Radiation therapy is the same way. We have evolved, developed. There is a tremendous revolution in radiation oncology ... new techniques in diagnoses -- we're using the technology like never before."

Radiation therapy uses high energy x-rays,

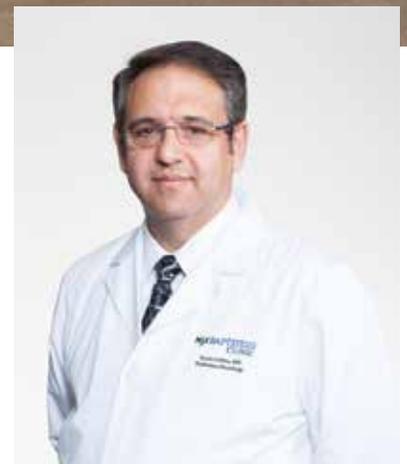
electrons, or radioactive sources to destroy cancer cells. Radiation therapy is delivered externally using a high-tech linear accelerator. The one utilized by the NEA Baptist staff is a Varian TruBeam machine, considered among the most advanced equipment available.

"This particular machine is one of the biggest leaps for standard radiation in my career," Collins said. "It is basically the latest, greatest technology; you can't find any better."

It makes little difference what kind of mechanical improvements are available, however, if people don't realize they are there. Collins said it has long been the theory that patients and their families must travel great distances to obtain quality care, an opinion that no longer holds true.

"There are preconceived misconceptions," he explained, "once rooted in reality. Radiation/chemo is a last-ditch effort, and the side effects are dangerous or permanent. Delivery of treatment has become very precise. We are able to target things in a very accurate, precise way, a way we never could before.

"And we can do this right here, right here in Jonesboro. It's very interesting, that people in this region have the old mentality, again, once rooted in truth, that you could not get the treatment you needed in this region. You had to go to Little Rock or Memphis. It was ingrained in their



Dr. Kevin Collins

minds that, 'You must travel for quality care.' But today, all current evidence-based guidelines are right here at our fingertips. I am excited to give people treatment they couldn't get in the past."

Collins said his job is to help patients make educated decisions, going over both the risks and benefits during consultations.

"We have to help filter information," he said. "In the oncology realm, the minute something new gets published we are looking at ways in the oncology community to share it. You have to look at it in a very critical way, to have fewer preconceived ideas. We help sort through the information ... it only grows and gets bigger with each day."

NEA Baptist's program is affiliated with the Vanderbilt Ingram Cancer Center, a national facility for research.

"We have access to clinical trials," Collins said. "Also we have access to Memphis clinical trials,



The Fowler Center features the latest in technology.

including cancer prevention, cancer treatment ... chemo, radiation and immuno therapy; and genetic studies. It is a broad variety available to patients."

He said with cancer treatment "you get one shot, that's it. We are well aware of our limitations. But we've got it all right here. There is little we cannot do, but the last thing I want to do is treat someone who does not have faith in me. If the patient feels they need to be somewhere else, we understand and can help send them elsewhere."

Collins said there are three main areas where the NEA center stands out. "Number one is our Patient Care Coordinator," he said. "Seventy percent of our patients come from outside Craighead County. They have to travel to see three doctors back and forth. Our patient navigator helps coordinate appointments, remind them of appointments and, as much as possible, coordinate and shorten the time from tests to the initiation of treatment. I have worked in places

that didn't have a patient coordinator but I couldn't work without one again.

"Number Two -- radiation and chemotherapy under one roof. You get your care in a convenient way.

"Number three -- the technology is state of the art, as is delivery of care. Our focus and emphasis is on survivorship; that type of support can't be underestimated."

Collins also lauded the work of the HopeCircle, one of five programs offered free to the community through NEA Baptist Charitable Foundation. It provides patients and families going through catastrophic illness, such as cancer, with comfort, support and resources.

The HopeCircle Resource Center is located inside of the NEA Baptist Fowler Family Center for Cancer Care, just off the lobby in a circular room. The space is a place for patients and families to relax, talk to someone, listen to music, read a book or whatever they need at that moment. ♦

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BREAST CANCER AWARENESS MONTH

AMMC staff ready and willing to help

October is Breast Cancer Awareness Month and the experts at Arkansas Methodist Medical Center tend to agree: Women seem to be more concerned with getting breast exams than ever before.

Radiologic Technologist Carrie Rowland said she feels the information highway has spurred women to pay closer attention to the need for annual exams.

"Younger women seem to be more in touch because of the news," Rowland said. "There is so much more information today because of the internet. They are more cautious about their health than the older women, it seems. A lot of older women think that because they *are* older, they don't need a mammogram. That's not true." Rowland said there are two risk factors -- being female and aging -- that mean "even women in their 80s still need a mammogram."

Her working partner, Kourtney Cook, agreed that the information women need "is out there and we see a big influx, as far as patients, in October. That says to me that they are listening," but she also said women still don't do enough in the way of self-examinations.

Rowland agreed: "Unfortunately, that's true. We should do a self-exam monthly. When women wait for years and then all of a sudden feel a large mass, it really *is* a large one if they can feel it. We don't know how to prevent cancer; we *do* know how to find it early."

"A mammogram detects cancer before you can feel it," Cook said. "It's important to get one every year."

Shay Willis, Director of Marketing and Public Relations at AMMC, pointed out that women are most often the ones in the household who find themselves in charge of health-related matters for the entire family.

"We see women as the health care decision makers," she said, "for themselves, their children, their spouses."

She said statistics show that a large number of women make such decisions for their parents, as well.

Rowland said if women will simply stay on top of the exam process, getting their initial mammograms as directed and then following up annually, they can achieve peace of mind in



Carrie Rowland and Kourtney Cook are ready to be of service to patients during Breast Cancer Awareness Month.

to improving health matters.

"The American Cancer Society suggests getting mammograms beginning at 40 and then beyond," she said. "I like the studies that say at 35 to have a baseline mammogram. But you should start yearly after 40, for sure."

"Now, that all changes if your mother had breast cancer. You should get an exam when you are 10 years younger than your mother was when she was diagnosed."

Willis said she often thinks about a number of women in the Paragould community who have had breast cancer, and they are living proof that it is not an "old age" thing.

"From the standpoint of our own community, breast cancer often affects young, young women," she said. "I think those personal stories, personal battles, might have more impact than the information highway. These stories from everyday people, in my opinion, say so much. People 45 and under. The school teacher in her 30s who survived breast cancer. A farmer's wife. It tells me I need to do what I can. This community brings awareness."

Willis said that both Rowland and Cook go above and beyond when working with patients.

"These two support the patients so well," she said. "If you have a need, they try to find assistance

for you. Our physicians are the same way. If women need further testing beyond the mammogram they will do everything they can."

Rowland outlined the steps women should take. "First, get an exam from a doctor," she said. "Then we will get an order for a mammogram. They should call 870-239-7120 to schedule an appointment."

She said they perform the tests Monday through Wednesday at 7 a.m. to help out women who may have a difficult time making it in later in the day.

"You don't have to miss work or try to make accommodations," she said. "We know women are busy and that they have jobs and families. We're always willing to work with them. And, we will have results for them that same day."

The hospital also offers Project Hope, an initiative of the Women's Council at AMMC, to provide mammograms to those who may be at risk but are unable to pay for the screening because they have no insurance or need financial assistance.

More information about that service can be found by calling the AMMC Foundation at 870-239-7077 or by calling Rowland at the number mentioned earlier.

"We make a bigger effort, constantly," Rowland said. "We're here to make life better." ♦



*Miracle League
field stages
season opener*

The Miracle League Park in Jonesboro kicked off its fall schedule recently, staging games on the new field. The Miracle League Park is a regional complex with the world's largest rubberized ball field for children and adults with physical disabilities. The facility also has a playground with 28 different pieces of equipment, each one being handicap accessible.

The purpose of this park is to remove those barriers that keep children and adults with disabilities from experiencing the opportunity and sheer joy of playing the childhood games we all have enjoyed over our lifetimes. The field is capable of being used for baseball, soccer, basketball and flag football, with other sports to be added later, as needed. ♦



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As always, witches will prove to be a popular costume choice when Halloween rolls around.

Photo by Tim Rand

No telling who - or what - will ring your doorbell

Be prepared for ghosts, goblins and Disney characters

If you're trying to get a good read on what's hot for Halloween, your guess might be as good as anyone's.

According to Larry McIlvoy, owner of the Golden Grotto in Jonesboro, kids seem to be seeking Disney Descendants costumes -- but with very little luck.

"Girls, especially, have gone crazy over them," McIlvoy said, "but unfortunately, the manufacturer did not make many and they are just about sold out. Everywhere. You're probably just not going to find them."

Descendants was a musical fantasy film, with the plot following teenagers adjusting to life outside the Isle of the Lost while on a mission to steal the Fairy Godmother's wand and free their parents from captivity.

Names like Maleficent, the Evil Queen and Cruella de Vil will give you some idea of what kids are looking for.

Other than that, McIlvoy said super heroes remain popular and he thinks for boys the Ninja Turtles will be walking the streets come Halloween night.

Some of this year's most popular costumes are expected to be based on the reptilian superheroes after the 2014 release of the film "Teenage Mutant Ninja Turtles." Children love the Turtles, and so do adults who watched them on TV and in movies when they were kids, thus the rejuvenation of interest in the green heroes.

"They're pretty strong again," McIlvoy said, "and probably Star Wars characters will be pretty big sellers. But for girls it seems to be Evie the most popular, from the Disney Descendants. The Frozen stuff has been popular for a while, too." Sponge Bob, a frequent doorbell ringer in the past, has "pretty well had it," he said.

According to surveys taken on the national scene, among the top ten current trends are:

Adults

1. Witch
2. Animal

Names like Maleficent, the Evil Queen and Cruella de Vil will give you some idea of what kids are looking for

3. Batman character
4. Zombie
5. Star Wars character
6. Pirate
7. Vampire
8. Action/Super Hero
9. Doctor/Nurse
10. Slasher movie character; political; wench/tart/vixen; minion

Kids

1. Princess
2. Batman character
3. Action/Super Hero
4. Animal
5. Frozen character
6. Star Wars character
7. Zombie
8. Witch
9. Pumpkin
10. Minion

Pets

1. Pumpkin
2. Hot Dog
3. Batman character
4. Devil
5. Bumble Bee
6. Dog
7. Cat
8. Star Wars character
9. Bowties/bandanas/fancy collar
10. Shark/princess/minion

"It's just real hard to say," McIlvoy added. "Adults are always coming in looking for different things. A lot of times they're looking at Day of the Dead and horror creatures. And a lot of the time they wait 'til the last minute to start looking."

Adult costumes and accessories based on TV shows like "The Walking Dead" and "Orange Is the New Black" are expected to sell well. Costumes based on superheroes like the Avengers or Batman should also be brisk sellers, according to industry experts.

And as usual, corsets and skimpy outfits for women are likely to attract a lot of partygoers. Risque costumes have always been big Halloween sellers.

For those with gorier tastes, Halloween fare also includes bloodied zombies and ghouls and characters from slasher movie classics like "Nightmare on Elm Street" and "Friday the 13th."

According to the National Retail Federation, this Halloween you'll see a lot of Minions, Han Solos and Elsas running around.

For children, some of the top costumes this year are princess, Batman and other action figures and superheros. Princess has been the top costume for 11 years, the NRF said, with an estimated 3.2 million kids picking the costume last year.

Disney's "Frozen" characters including Elsa, Olaf and Anna look like big sellers according to the NRF, more than 1.8 million tots will go as Star Wars characters and 1 million will select a little yellow Minion costume as they celebrate Halloween.

And, there are always those who prefer the do-it-yourself method, coming up with creative ideas of their own.

"After 30 years, you would think I would know what to expect," McIlvoy said, "but I don't. You just never know what someone is going to want from year to year."

All we can tell you is, when the doorbell rings on October 31, expect just about anything. ♦

HALLOWEEN *safety tips*

Halloween Safety for Kids and Teens

Kids love Halloween! They get to dress up and get free candy. What a perfect holiday. Give your kids some precious Halloween memories that they'll have for life.

Some kids already know things to do to be safe, like how to cross the street, not to talk to or go with strangers and things like that. But adults know how exciting Halloween can be and that can make them forget to be careful.

Here's some tips just for you kids, to help keep them safe on Halloween night! Some of these ideas are called "common sense" ideas -- that means that they are things to know and use every day in life. You are never too young to learn!

- Never, ever go into a stranger's house or even ring their door for treats unless your parents are with you and say that it's okay. There are some people in life that aren't very nice to kids and you have to be careful. Always make sure that your mom or dad is within sight when you go out trick-or-treating.
- Be careful when you cross a street. Make sure to look in both directions and make sure that there are no cars coming. If you have a little brother or sister with you, take their hand and help them get across the street, too. If the street has a stop light, wait until the cross walk light tells you that it's okay to cross now, but still check before you cross, look both ways.
- If you are an older kid or young teen, and going out with

friends, make sure that your parents know where you are going and who you are going with. This may seem like a pain but they are your parents and they love you. They just want you to be safe.

- If you can drive and are taking a bunch of friends to a party, make sure that you have enough gas to get there. You don't want to run out on a dark street, all alone, like a bad horror movie!
- If your parents give you a curfew, be home when they say. It builds trust between you and them and they are doing it for your own safety. If you are going to be late, call them and let them know.
- Vandalism is never cool! Throwing eggs at cars and houses is not cool. Someone has to clean it up and it could be you, if you get caught. You can also be arrested and punished as a juvenile. So, don't think that it's fun only if you can get away with it. It's never the right thing to do! Think about how you would feel if someone did that to your house and how bad it would make you feel.
- Hurting animals is never acceptable behavior! Some people use Halloween as an excuse to hurt cats and that is just wrong! Not only is it illegal in most places to hurt or torture animals and punishable by law, you should never hurt a helpless living thing.

Have fun on Halloween but keep it safe, have some good, clean fun and your parents will trust you for many Halloweens to come! Showing them how responsible you can be will give you a feeling of pride and make them see just how adult you really are. ♦



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Northeast Arkansas's Original Zombie Walk
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Costume Contest 5:30pm
Walk 6:00pm
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Costume Contest \$5.00

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The Golden Grotto

Zombie Walk returning to Downtown Paragould

Ghoulish creatures will once more be roaming the streets locally when 107.1 JACK FM presents the fourth annual Downtown Paragould Zombie Walk.

This year's walk will take place on Saturday, October 24, and promises to provide a fun-filled evening for all who enjoy dressing up in the zombie garb, or for those who just like to stand on the sidelines and watch.

There will be a Costume Contest this year, followed by the Zombie Walk. Admission to the event is just \$2.00 per person; participation in the Costume Contest is \$5.00 per person, with prizes awarded to Best Kid Zombie, Best Adult Zombie, and Best Group Theme.

All proceeds will go to Main Street Paragould to help fund future events.

Registration begins at 4:00 p.m. The Costume Contest takes place at 5:30 p.m. and the Zombie Walk will follow at approximately 6:00 p.m., led by 107.1 JACK FM.

Vendors are more than welcome to come set up a booth. Complete information on the Zombie



Walk, along with the Vendor Booth Agreement Form, can be found at www.neajackfm.com.

Follow the Downtown Paragould Zombie Walk on Facebook for even more zombie related fun! ♦



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Paint The Town *Red*



Arkansas State University Athletic Director Terry Mohajir, above left, addressed the audience at the Paragould Community Center during the Red Wolves Luncheon while Howl pumped the crowd up by leading a cheer. Paragould Regional Chamber of Commerce workers and members served as the hosts for the luncheon.

Paragould, Jonesboro catch Red Wolves fever

Arkansas State University fans took part in a week of celebration and activities designed to ramp up spirit heading into the Red Wolves' football home opener against

Missouri. A luncheon in Paragould, a Downtown Jonesboro Tailgate Party and eventually game day all came together thanks to the volunteer spirit of both communities. ♦





Cheering at the home opener (above and at right) capped off a week of downtown pep rallies and events in Jonesboro.



Photos by
Kayla Macomber and Brian Osborn



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Chevy Spence, 4, was all smiles while taking advantage of the rides on the midway at the Greene County Fair. Chevy is the daughter of Courtney Parker and Timothy Spence of Paragould.

D.A.R.E. Program announces winners at annual car show



Charlie Parsons and his Best of Show '57 Chevy truck



Trucks owned by Chad Lenderman, left, and Veda and Jerry Shrable, below.

Below, Jacob Moore; bottom left, Cecil Hayes



Above, Ed Chunn; below, Steve Treece



The Paragould Police Department's D.A.R.E. Program held its annual car show at Reynolds Park, with several entries taking home trophies.

Car Show classes and winners were:

Full Size Truck 89 and below

2nd Veda and Jerry Shrable (1970 Chevrolet C-10)

1st Charlie Parsons (1957 Chevrolet 3100) Best of Show

Full Size Truck 90 and above

2nd Gail Hedge (2005 Chevrolet SSR)

1st Tim Whiteside (1994 Chevrolet Silverado)

Under Construction

2nd Jacob Moore (2001 GMC Sonoma)

1st Steve Treece (1973 Mercury Cougar)

Mini Truck

2nd Shawn Lenderman (1996 Ford Ranger)

1st Chad Lenderman (1995 Ford Ranger)

Hot Rod

2nd Keith Grooms (1981 Pontiac Trans Am) Kid's Choice

1st Roger Barnhill (1934 Ford 2 door Sedan)

Rat Rod

2nd Cecil Hayes (1936 Ford Pick-up)

1st Tim Bracken (1955 International Pick-up)

Corvette

2nd Richard Eagan (1966 Chevrolet Corvette)

1st Mike Gaskill (1980 Chevrolet Corvette)

Modern (90 and above stock)

2nd Joey Williams (1993 Ford Mustang GT)

1st Eddie Dickerson (2009 Ford Shelby GT500)

60-89 antique

2nd Freddy Foreman (1963 Ford Thunderbird)

1st Dennis Gregory (1968 Oldsmobile Hurst/Old)

59 and below classic

2nd Willard and Judy McCollom (1948 Ford F-1 Pick-up)

1st Ed Chunn (1955 Pontiac Star Chief)

Miscellaneous

2nd Jerry Wiles (1968 Chevrolet G10 Van)

1st Don Zell (1923 Ford T Bucket)

Motorcycle classes

American Stock

1st Phil Jobe (2000 Harley Davidson Wide Glide)

American Custom

1st Mike Gaskill (2011 Harley Davidson CVO Softail)

Cruiser Stock

1st Phil Jobe (2002 Honda ACE)

People's Choice

Jessica Bruce (1973 Ford Mustang) ♦



Jessica Bruce's Mustang won the People's Choice Award

LIFE *style*

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Turnrow's Boutique



The North Face
Pink Backpack, \$89
Gearhead Outfitters

Chinese Laundry
Knee Boots, \$99
Francesca's



Business Is Good

Lunch on the Lawn ...



The "Membership Appreciation Luncheon" on the grounds at the Paragould Regional Chamber of Commerce finished off the 5th Annual Chamber Week. The lunch was catered by Iron Horse BBQ and capped off a week of activities.



Local business is national contest winner

Creativity and play aren't limited to children at Just Pretend Play and Party in Paragould and a first place prize in a window display contest for the boutique is proof of that.

Kid O Toys, a manufacturer of quality toys to aid in creativity and discovery, recently held a contest for businesses around the country to show off the company's merchandise in a window display.

Former director Sandra Holt craftily pieced together a display made of toy cars, planes and a spinning truck model to place first in the contest.

Holt said the design for the display came about when she decided to use the Kid O cars and planes to create a car lot. Everything was made



Sandra Holt's display of cars, trucks and planes earned recognition for Just Pretend Play and Party in Paragould.



with some type of paper, including trees, grass and balloons.

"I believe paying attention to the details is what won the contest," Holt said. "Details can make or break a project."

The top prize included 10 percent off the boutique's next sale, a free case of any product and merchandise to coordinate with the display. A Kid O representative said it was unbelievable how beautifully Holt was able to feature the toy line and the company hoped to work with the boutique in the future. ♦

-- By Caitlin LaFarlette

Dr. Morrison joins staff at Clopton Clinic

Joshua B. Morrison has joined the medical staff at St. Bernards as a pulmonologist and critical care physician. He will see patients at St. Bernards Clopton Clinic.

He earned his Medical Degree from the University of Arkansas for Medical Sciences at Little Rock and recently completed a fellowship in pulmonary and critical care medicine at the University of Alabama, Birmingham.

Morrison also completed a residency in internal medicine at UAB and holds an undergraduate degree from the University of Central Arkansas. He is board certified in internal medicine and pulmonary medicine and will diagnose and treat patients with lung diseases. Morrison and his wife, Marie, are both from Jonesboro. They have two young children. ♦

ASU nursing program makes America's Top 10 Best list

The nursing program at Arkansas State University has been selected as one of the top 10 collegiate programs in the eastern region of the United States and the highest ranked program in Arkansas, NurseJournal.org has announced. Dr. Susan Hanrahan, dean of the College of Nursing and Health Professions, was recently notified of the award.

"This was absolutely the best news we could have received on the second day of fall classes," Hanrahan said. "The variables NurseJournal.org use to rank nursing programs fit our mission and philosophy perfectly. There are many nursing programs across the United States. We are very proud to be recognized as one of the top-10 programs in the eastern region — kudos to our faculty, staff and students."

Nursejournal.org — designed to create a social community for nurses around the world to educate, inform and share information — researched nursing programs in 1,189 schools. A-State is listed

ninth in the eastern region which includes the states of Arkansas, Georgia, North Carolina, Mississippi, Florida, New York, Tennessee, Louisiana, Virginia, West Virginia, Alabama, Kentucky, Maryland, South Carolina, Delaware, Connecticut, New Jersey, Massachusetts, New Hampshire and Pennsylvania. The national ranking was divided into three major regions — eastern, central and western. Cal State-Dominguez Hills and University of Utah topped the western ranking. The nursing program at Arkansas State is one of the largest on campus. Nursing ranks second for undergraduates and graduates.

Georgia Regents University topped the regional ranking at No. 1. Other notable universities in the east region top 20 with A-State were University of Florida at 4th, University of South Florida at 5th, University of North Carolina at 11th and University of Mississippi Medical Center at 16th. University of Alabama was 28th and University of Memphis was 35th. ♦

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Anglers lined the banks in hopes of landing a big fish in the Focus, Inc. fishing derby.

Derby raises funds for programs

Focus, Inc. staged its first "Hooked On Changing Lives" fishing derby on a private Paragould lake stocked with catfish and bass, raising funds to support its programs offering services to adults with developmental disabilities.

The day also featured games, concessions, and drawings for prizes.

Pillow's Bait Shop was the presenting sponsor along with other businesses in the area. ♦



Photos by
Richard Brummett





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THE FOUNDATION
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Evening of fun benefits shelter for children

The Silos served as the host site for A Night of Stars Under the Stars, an event benefiting The Children's Shelter in Walnut Ridge.

The night of music, food and dance featured a performance by The Broadway Tenors.

Organizers were happy to announce that they took in \$25,000 at the fundraiser. ♦



The Broadway Tenors entertained the crowd at the Night of Stars Under the Stars.



Stephen and Madeline Cox



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The elegant decor and setting added to the festive atmosphere for all in attendance, including (top left) Crete Rhodes and Winnie Hill, and (above) David and Sara Howell, Ellen McGhee and George and Robin Kaloghirou.

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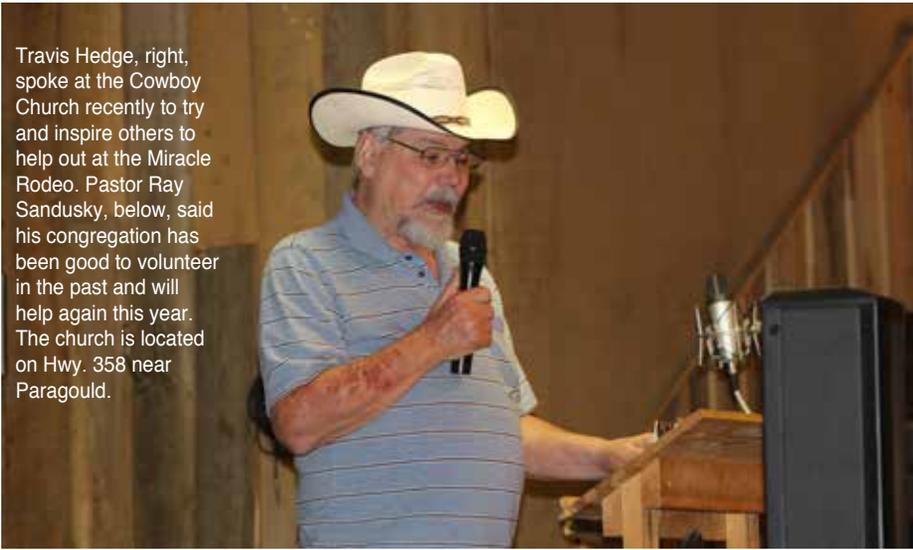
Several agencies took part in Arkansas Methodist Medical Center's Men's Health Fair, providing various screenings and dispensing information.

AMMC hosts Men's Health Fair 2015

The 2015 Men's Health Fair in the auditorium of Arkansas Methodist Medical Center had 38 vendors set up to provide free health information to men. This year, 405 men took advantage of the free screening event. Women will soon get the chance to get important screenings and health tips when the 18th Annual Women's Health Fair takes place on Thursday, October 1, from 6:00 a.m. to 2:00 p.m. ♦



Travis Hedge, right, spoke at the Cowboy Church recently to try and inspire others to help out at the Miracle Rodeo. Pastor Ray Sandusky, below, said his congregation has been good to volunteer in the past and will help again this year. The church is located on Hwy. 358 near Paragould.



Hedge drums up support for Miracle Rodeo at Higher Trails Cowboy Church

Travis Hedge fit right in, visiting the Higher Trails Cowboy Church to try and drum up some volunteers for the annual Miracle Rodeo.

Donning a cowboy hat, Hedge spoke briefly to the crowd gathered at the Paragould-area church, explaining that some "new blood" was needed to help orchestrate the annual event that allows children with disabilities to pet, ride and feed animals.

"This is my 28th year," Hedge told listeners, "and lot of people that helped in the past are getting pretty old. We need some younger folks, some new blood to help us out.

"A lot of these kids, they've never even petted an animal before," Hedge said. "They've never been around animals and this is a night when they can feel special and ride in a wagon or pet an animal or feel like they belong at the rodeo."

Pastor Ray Sandusky said his congregation is good to volunteer and he feels blessed to play a part. "There is nothing in this world that can take the place of the smiles on those children's faces," he said. "We have helped in the past and we'll have a real good response this year."

He invites anyone wanting to know more about the Cowboy Church to call him at 870-476-1685 or email raysandusky@gmail.com. ♦



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Hard to believe what life was like for us kids in Olden Times

Our grandsons spent the night with us recently and the one thing that came out of our conversations is the fact that I have no idea what they are talking about. Theirs is a world filled with electronic devices and movies and video games, and mine is filled with something I forgot. All I know is, the world I grew up in and the world they are growing up in are definitely not the same.

After they left, I dreamed that while they were recharging the batteries to their I-things or E-things or Kendalls or Wendalls or whatever you call those devices that mesmerize them and compel them to avoid conversation and human interaction, I sat them down and we talked about Olden Times when I was a kid.

"Some of this is going to be pretty scary," I warned them, "and some is going to be pretty hard to believe, but I want to share with you what it was like to be a kid back in my day."

"Wow. You were a kid?" one of them asked.

"Yes. Yes, I was, long, long ago and this is how we did things. For starters, we didn't have these things you hold in your hands and watch

Get Rich

By Richard Brummett



movies and play games on. If you wanted to watch a movie you had to watch TV, and at that you had to ask permission and work it in around the shows your parents wanted to watch, things like The Lawrence Welk Show, Hee Haw and the evening news. If you wanted to play a game, you got out a board game or you went outside."

"What's that?" the other asked.

"What? A board game?"

"No," he said. "Outside. What's outside?"

"Well," I said, "kids today wouldn't know anything about that. It's not in the house; it's out there, out where there are no electrical outlets."

"That is scary," one said. "Tell us more about these strange times you were raised in."

"Here's one you won't believe," I told them, "but the only ones wearing jewelry were the

girls. You could have looked in every house in town and you wouldn't have found not one boy with an earring, a nose ring or a bolt stuck through his eyebrow or a diamond in his nose. And boys didn't skip. Girls skipped on the playground at recess. You would never have seen a football or basketball player making a big play and then skipping around like a giant sissy."

"Well, if they didn't skip, what *did* they do then?"

"This is going to sound really strange," I said, "but they didn't do anything. They just played the game with class. No fist pumping, no throat slashing, no chest bumping. They just went about their business like a respectable human."

"How weird. You mean they just played the game and that was it?"

"Exactly. And the only people with tattoos were guys who used to be in the military and came home from overseas with some artwork on their arms, and a lot of them only got one because they had too much to drink and it seemed like a good idea at the time."

"Come on, Pappaw. You guys didn't peep tats?"

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"Not if we knew what was good for us. Also, instead of sitting on the couch and playing a video game and *pretending* we were good athletes -- get ready now, this is way out there ... we actually went to the ballpark or out in the yard and really played the games. We ran and we jumped and slid ... all the things you guys and your friends do in Fantasy Land. We actually chose up sides and played baseball and basketball and football against each other." "You mean you actually sweated? I bet that took a lot of Gatorade."

"We didn't have Mommy running out to give us Gatorade every five minutes. We played until the game was over, then we lined up at the water hose and took turns drinking water. Then, we started playing again, and we played until it was too dark to see and we had to go inside."

"I don't know, Pappaw. Sounds like a made-up story to me ... going outside and sweating and not having Gatorade. Like you weren't afraid you would get dehydrated?"

"Sissies weren't in charge of things back then," I said. "The word *dehydrated* didn't exist outside of a hospital setting and we weren't about to sit around drinking when we could be playing."

"Let me get this straight," one said. "You didn't play video games and you didn't watch movies and you really went outside and played and you didn't drink your six bottles of Gatorade to stay properly hydrated. That's what you expect us to believe?"

I dreamed that they looked at each other, shook their heads side to side and said in unison, "Pappaw, we think this is just another one of your made up stories."

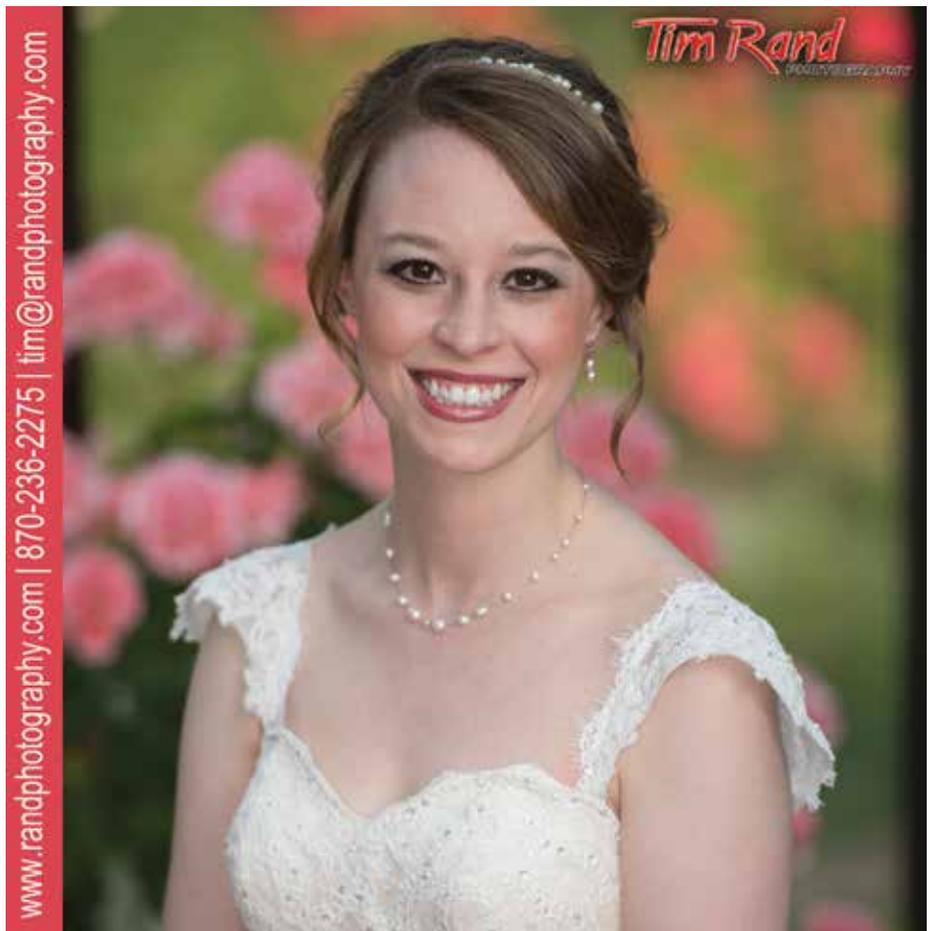
When I awoke and thought about it, by today's standards it really does seem to be pretty farfetched. ♦

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Tiffany Kirklin and Dustin Henson

Kirklin-Henson

Tiffany Kirklin and Dustin Henson have announced their plans to exchange wedding vows in a November ceremony.

The bride-to-be is the daughter of Scott and Cherie Kirklin of Rector. The prospective groom is the son of Alfred and Debbie Henson of Paragould.

The wedding will be on Saturday, November 7, at the First Baptist Church in Rector. ♦

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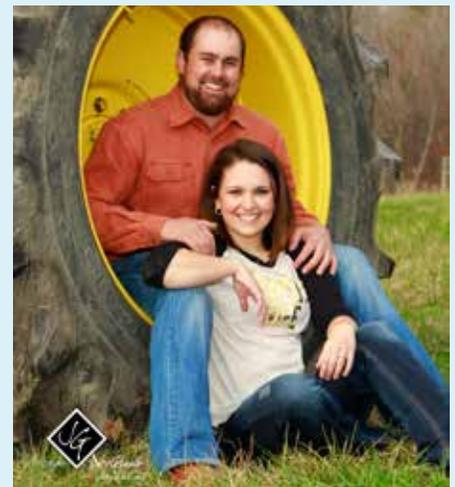
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Amanda Carrell and Brandon Davis

Carrell-Davis

Amanda Carrell and Brandon Davis will exchange wedding vows on Saturday, October 3, 2015, at Hillview Farms in Paragould.

Amanda is the daughter of Bobby Carrell of Little Rock and Angie Dowdy of Paragould.

Brandon is the son of Allen and Karen Davis, both of Paragould. ♦

Births



Photo by Joy Robinson Photography

Peyton Brooke Thrash

Thrash

Neal and Whitney Thrash of Marmaduke announce the birth of a child, Peyton Brooke Thrash.

Born at St. Bernards in Jonesboro, she weighed 6 pounds, 11 ounces and was 19 1/4 inches long.

She has a sibling, Rylan Jay, 3.

Maternal grandparents are Wendell and Cindy Rogers of Paragould and Terry and Debbie Huckabay of Marmaduke. Paternal grandparents are Bill and Pam Blasko, and Doug Thrash of Paragould. ♦



Photo by Captured by Cottingham

Lucy Rae Tripod

Tripod

Matt and Sonni Tripod of Paragould announce the birth of a daughter, Lucy Rae Tripod.

Born at Arkansas Methodist Medical Center the baby weighed 6 pounds, 10 ounces and was 18.9

inches long.

Paternal grandparents are Jeff and Connor Tripod. Maternal grandparents are Pete and Linda Black. ♦

Murdock

Heath and Cobi Murdock announce the birth of a daughter, Willow Kate Murdock.

Born at NEA Baptist Hospital, the baby weighed 6 pounds, 14 ounces and was 20 3/4 inches long.

Grandparents are Ricardo and Teresa Gonzalez, Jim and Paige McDaniel and Gary and Tracey Murdock. ♦



Photo by Cobi Murdock Photography

Willow Kate Murdock

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October

CALENDAR

Friday, October 2 Saturday, October 17

ST. MARY'S SCHOOL SHRIMP SHAK, from 5:00-8:30 p.m. in the Parish Hall. Tickets are \$16.00 for 1/2 lb. of shrimp and 1 lb is \$21.00 at the door. A live auction begins at 7:00 p.m., with the silent auction ending at 8:00 p.m. This annual event helps support St. Mary's School.

CHAD GARRETT AND FRIENDS, return to the Collins Theatre at 7:00 p.m. Looking forward to an awesome show with Randy Aden, Brad Owen, Kevin King, Ken Wadley, and special guest Abbey Katherine Mink. General admission is \$7, 10-and-under is \$3.

welcome to come set up a booth. Complete information on the Zombie Walk can be found at www.neajackfm.com. Follow the Downtown Paragould Zombie Walk on Facebook for even more zombie related fun!

Tuesday, October 7

DIG FOR THE CURE, hosted by the Paragould Lady Rams Volleyball Team to raise money for breast cancer awareness. The home matches against GCT begins at 5:00 p.m. for Jr. High and 7:00 p.m. for Sr. High in the Paragould High School gym. If your business would like to donate a silent auction item for the event, please contact Jill Wessell Gill at jgill@paragouldschools.net.

Sunday, October 18

WOOFSTOCK, from 1:00 p.m. until 6:00 p.m. come Spay and Neuter the Town at the Greene County Fairgrounds. This fun-filled festival of pets includes a Strut Your Mutt Dog Walk, Doggie Costume Contest, Bounce Houses, Balloon Twisting, Face Painting, Raffle, Concessions and more! Proceeds raised will be returned to the public in the form of first come, first served vouchers for free spaying and neutering services. There is a \$1 admission fee and participation at the booths ranges from free to \$5.

Monday, October 26

KASU'S BLUEGRASS MONDAY, featuring "The Clark Family Trio" at the Collins Theatre. KASU will "pass the hat" to collect money to pay the group. The suggested donation is \$5 per person. KASU, 91.9 FM, is the 100,000 watt public broadcasting service of Arkansas State University in Jonesboro. For more information, contact KASU Program Director Marty Scarbrough at mscarbro@astate.edu or 870-972-2367. Search "Bluegrass Monday" on Facebook.

Saturday, October 10

RUMMAGE ON THE RAILS, from 7:00 a.m. to noon for this community-wide garage sale. A \$15.00 donation gets you a space which is space two Downtown parking spaces. For more information, go to Facebook at www.facebook.com/oneandonlydowntown/ notes or call 870-240-0544.

Saturday, October 24

JACK-FM PRESENTS ZOMBIE WALK, in downtown Paragould. This 4th annual event awakens the zombie in us all! Admission is \$2 with participation in the Costume Contest charged an extra \$5 per person. Prizes for the best costume will be awarded for Best Kid Zombie, Best Adult Zombie, and Best Group Theme. All proceeds will go to Main Street Paragould to help fund future events. Registration begins at 4:00 p.m. The Costume Contest takes place at 5:30 p.m. The Zombie Walk will follow at approximately 6:00 p.m., led by 107.1 JACK FM. Vendor's are more than

Tuesday, December 8

TASTE OF HOME COOKING SHOW, presented by First National Bank and Premiere Magazine/MOR Media. Tickets for the event in the ASU Convocation Center are \$15 and on sale now at www.premiere-magazine.com. For sponsorship and vendor information contact MOR Media at 870-236-7627 or email sales@mormediainc.com. VIP Tickets are \$25 and include early entrance at 5:00 p.m., reserved seats up front and reception to meet the culinary artist. General admission tickets are \$15 and allow entrance at 6:00 p.m. The cooking show will begin at 7:00 p.m. Each participant receives a gift bag full of valuable coupons and Taste of Home Magazines. For more information call 870-236-7627 or log on to www.premiere-magazine.com.

Recurring EVENTS

First Monday of every month: Paragould Young Professionals First Monday Lunch, noon.

First & Third Wednesday: Perking on Pruett, 8:30 a.m.-10:00 a.m. At Something Sweet. Find out what's happening in the One and Only downtown Paragould. Your input is welcome.

Second Tuesday of every month: The Greene County Wildlife Club meets at the Paragould Community Center beginning at 6:00 p.m.

Second Tuesday of every month: Greene County Master Gardeners present a Brown Bag Lunch Program at the Greene County Library from 12-1. Bring a lunch and enjoy a free gardening presentation.

Second & Fourth Tuesday of every month: The Paragould American Legion Post 17 meets at 7:00 p.m. at the corner of Court and Hwy. 49. The second Tuesday is a business meeting and the fourth is a Pot Luck Dinner with spouses and friends.

Third Thursday of every month: Alive After Five, Downtown street market in Downtown Jonesboro.

Second Thursday of every month: The Compassionate Friends, 7:00 p.m. Southside Community Church Conference Room, 2211 Jones Road. For parents grieving the loss of a child. tcfnortheastarkansas@yahoo.com.

Second Thursday of every month: The Memory Cafe, support group for those having memory, dementia or Alzheimer's at 1:00 p.m. at Swirlz Yogurt and Coffee.

Second Wednesday of every month: St. Mary's Spaghetti Dinner, 11 a.m.-1:30 p.m. Admission is \$6 for all you can eat spaghetti, salad, garlic bread, dessert and drink. At St. Mary's Catholic Church in Paragould.

Every Third Monday: Greene County Retired Teachers Meeting, 11:30 a.m. at Grecian Steak house. All retired Greene County school personnel are invited.

Every Third Thursday: Alzheimer's Support Group with the Alzheimer's Arkansas Association and Home Instead Senior Care, 2:00 p.m. at Chateau on the Ridge.

Fourth Tuesday of every month: Greene County Master Gardener Meeting, Greene County Library, 6 p.m., guests welcome.

T.O.P.S. (Taking Off Pounds Sensibly) Wednesday mornings at the Paragould Community Center in Room E. Private Weigh in at 8:00 a.m.; support meeting at 8:30 a.m. May attend one meeting as a guest.

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Happenings



1. *Helping Hands*

Employees from the Paragould Zaxby's Restaurant have been helping the Paragould Primary School staff by volunteering in the morning car line. Workers assist students in exiting their vehicles and see that they get to the school building in a safe manner. Zaxby's is a Partner in Education for the Paragould Primary.

2. *Special Guests*

Members of the Paragould Regional Chamber of Commerce were treated to a visit by some special guests when they attended the Arkansas State Red Wolves Luncheon at the Paragould Community Center. Included among the celebrities were ASU mascots Scarlet and Howl, who interacted with the crowd and led them in a cheer prior to a speech by Athletic Director Terry Mohajir.



3. *Getting Competitive*

Jean Crossno, a Greene County Master Gardener and a fair board volunteer, presented a class on preparing your flowers for competition for the fair. She demonstrated the appropriate way to display the flowers, what to look for in an award-winning flower and how to prep potted plants for a show. According to those in attendance, Ms. Crossno was very informative and demonstrated tremendous knowledge regarding her craft. ♦



To have your news
and events
included on
Premiere Magazine's
Happenings page, email
information to:

editor@premiere-magazine.com

Stay Tuned

What's in store next month

Feature



November brings with it the observation of Veterans Day, and Premiere will have feature stories dedicated to those who have served our country and helped in any way in maintaining our freedom. Be sure to see the November issue of Premiere Magazine.

Thanksgiving



Thanksgiving Day stirs many emotions for Americans, from simply expressing thanks for the many blessings bestowed upon us as a nation to the gratefulness of being with family and friends. Read Premiere next month for our take on the holiday season.

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